

## **20191214 Japanese and Other Mongoloids in My Family** Viktoro Medrano

Some of my relatives like my paternal grandfather and further uncles look like Japanese people. Historical records indicate that Japanese have been coming to the Philippines since as early as the 1100's. So, some Filipinos, as myself, may have Japanese blood. Other Mongoloids from Asia (besides known Han Chinese and Filipino) and from the Americas (as Amerindians) might have ancient influences in my family.

The Native Filipino Mongoloids are Malayo-Polynesians or Austronesians ("Southern Islanders") or Southern Mongoloids or Paleo-Mongoloids or Sundadonts (as dentally opposed to Sinodonts of East Asia or Super-Sinodonts of the Native Americas). The terminology is wishy-washy. But these southern people are Mongoloids who have anciently assimilated Australoids. In some other anthropological models, the more warm-adapted Paleo-Mongoloids (as rather symmetrically opposed to the more cold-adapted Neo-Mongoloids of East Asia) encompass both the Austronesians of inclusively the Pacific and the Amerindians of the Americas. Amerindians are synonymous with *Amerindoids*.

In the Philippines, the now popular mixed-ingredient iced dessert *haluhalò* originated from Japanese migrants with their *kakigōri* iced desserts before World War II.